

## 2021 Alpine U3A Course timetable

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>9.00 – 10.30</b> <b>Beginner French</b> Luise Mock 0427 041 388</p> <p><b>Advanced French</b> (Small Room) Sandra Eldridge 0407 250 129 Beth Smith 0404 0296 050</p> <p><b>11 – 12.30 German</b> Luise Mock 0427 041 388</p>	<p><b>9.30 – 11.30</b> <b>Table Tennis</b> Graeme Caulfield 0428 419 208</p> <p>Also on Sundays – Contact Sandra Eldridge 0407 250 129</p>	<p><b>8 am in Summer and 9 am in Winter</b> <b>Bushwalking in National Parks</b> Barb Kiek 0419 814 240 (meet opp Info Centre)</p> <p><b>9.00 – 10.30</b> <b>Hall Private Hire</b></p>	<p><b>8.30 – 9.30 Pilates with a kick</b> Mary Pike 0428 226 922</p> <p><b>9.00 for approx 2hrs Thursday walkers</b> Ian Docking 5754 4950 (meet opp Info Centre)</p> <p><b>10.00 – 12.00 Crafts</b> Laraine Zejbrlik 0488 076 561</p>	<p><b>10.00 – 12.00</b> <b>Coffee Morning with guest speaker. First Friday of each month.</b> Pres: Rollo Kiek</p> <p><b>10.00 – 11.30 (except first Fridays) “Have your Say”</b> <b>Start date to be confirmed.</b> Discussions on a range of topics facilitated by Linda Parkinson 0407 091 742 and David Wood 0419 514 399</p>
<p><b>2.00 – 4.00</b> <b>Bridge</b> (Small Rm) Wendy Blake 0407 105 811</p> <p><b>3.45 – 4.30</b> <b>Stretch</b> (Big Room) Nola Skey 0456 647 777</p> <p><b>5.15 – 6.45</b> <b>Hall Private Hire</b></p> <p>* Main hall (big room) at Senior Citizens Centre unless otherwise indicated.</p>	<p><b>2.00 – 4.00</b> <b>Mahjong</b> (Small Rm) Helen L’Huillier 0421 273 699</p> <p><b>3.00 – 4.00</b> <b>Basic Pilates</b> (Alex McCullough Hall @ N’hood Centre) Mary Pike 0428 226 922</p> <p><b>4.30 – 5.30</b> <b>Intermediate Pilates</b> Nola Skey 0456 647 777</p> <p><b>5:30 – 7:00 pm</b> <b>Ukulele Players</b> (Big Room) Doug Hamilton: 0431 248 298</p>	<p><b>2.00 – 4.00</b> <b>Look good feel better</b> Fay Mason 0410 738 266 (Short course commencing in term 2, Covid permitting)</p> <p><b>4.30 – 5.30 Gym for seniors</b> (Alex McCullough Hall @ N’hood Centre) Nola Skey 0456 647 777</p> <p><b>7.00 – 9.00 Film night</b> Films monthly – Check newsletter and Facebook for details</p>	<p><b>2.00 – 4.00 Chess &amp; Games</b> Laraine Zejbrlik 0488 076 561</p> <p><b>4.30 – 5.15 Stretch</b> Nola Skey 0456 647 777</p> <p><b>7.30 – 9.30 Cards</b> Pat Eldridge 0419 871 013</p>	<p><b>2.00 – 3.30</b> <b>Beginners Chemistry</b> David Wood 0419 514 399 Starting date to be confirmed</p>