

**Committee Members**

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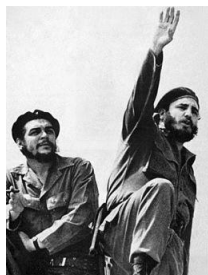
**August Coffee Morning - AGM**

The next Coffee morning is on Friday 2<sup>nd</sup> August at 10.00 am for 10.30 am. It will be held in the Seniors Hall in Tawonga Crescent as usual. The morning will commence with the Alpine U3A AGM which, under our constitution we are obliged to hold. The Agenda has been sent separately to all members together with Committee nomination forms. Members may nominate for any committee position right up to the morning of the meeting and there will be some blank forms available at the meeting. It is pleasing to note that we already have some excellent nominations.

Our President, Rollo Kiek, will give a short talk on his earlier visit to Cuba which should be fascinating.



Map of Cuba      Guess Who? (not Rollo!)



Having never been to Cuba I am fascinated to get some insights from Rollo. See you on Friday and let's enjoy the coffee/tea and biscuits.

**August movie**

This month's film, to be shown at 7.00pm on Wednesday August 14<sup>th</sup>, is "Bombshell". If you are like me and have never heard of this film, I am sure that you are aware of the key subject i.e. Hedy Lamarr.



As it says on the movie DVD box "What do the most ravishingly beautiful actress of the 1930s & 1940s and the inventor whose concepts were the basis of mobile phone and bluetooth technology have in common? They were both Hedy Lamarr!! She perfected a radio system to throw Nazi torpedoes off course during WW2.

Bombshell uncovers the story of an unusual and accomplished woman, spurned as too beautiful to be smart but she proved everyone wrong on this issue. Bombshell is the Hedy Lamarr story.

I have never seen it so come and join me on the evening of the 14<sup>th</sup> August.

**Membership & Our activity groups**

Our membership has now grown to 165 members which is quite an achievement for a remote small community. The total fully paid membership for U3A Victoria is 39,142 and 28 clubs have less than 100 members so I believe that we are "punching above our weight" in membership. My observations suggest that many of our activities are undersubscribed so why is that? I am aware that there are many members at this time of the year sunning themselves in warmer climes plus a number are skiing. Nevertheless, activity organisers or convenors work hard to prepare for the various "classes" and it would be good to see a higher participation rate.

**Possible new activity – Contract Bridge**

I have been approached to see if there is an interest in participating in a Contract Bridge Group. Contract Bridge is a wonderful card game and well worth learning. If you are interested in learning how to play Bridge or wish to participate in such a group please contact Wendy Paton on 0408403602 or at [wytterrica@gmail.com](mailto:wytterrica@gmail.com)

## Special Presentation on Monday September 2<sup>nd</sup> at the Seniors Hall

Dementia Australia has offered to run a presentation entitled "Dementia Explained" on Monday September 2<sup>nd</sup> at 1.30pm in the Seniors Hall. The same presentation will be made in Bright and Myrtleford on other dates. This offer is from Alpine Health and has the full support of Alpine U3A and the Probus Club of Mt Beauty. The session will be of approximately 1 hr duration and beforehand Tea/Coffee and Biscuits will be available courtesy of the Seniors. The idea is exploring how a healthy brain works and the session will address the main causes of dementia. It will look at the risk factors as well as common myths and misconceptions about dementia. It will also provide a brief overview of the support services offered by Dementia Australia.

There will be printed information available and also an opportunity to ask questions. The presentation is aimed at the general community and if you or your family have been touched in some way by this illness (as I have) you will certainly note this as a must do for your diary. Remember, **Monday September 2<sup>nd</sup> at 1.30pm in the Seniors Hall.** Tea/Coffee and biscuits from 1.00pm

## Upper Kiewa Valley Regional Arts Presents:

**Swansong – a play for a mature audience. Saturday August 10<sup>th</sup> 2019 in the Mt Beauty Community Centre at 8.00pm**

Through brilliant classic theatre, Andre De Vanny (Best Actor 2015 Green Room Awards) uses raw energy in a solo performance, unravelling one man's fight for survival in 1960's Ireland. "Swansong", written by Conor McDermottroe, is the story of "Occi" Byrne, abused, isolated, violent and vulnerable, searching for redemption.

"Andre has one of the most powerful and engrossing presences of any actor I have had the pleasure of working with. Swansong puts Andre in his element, allowing him to flex his full creative muscle and fill a bleak space with rage, fragility, sadness, loss. It is mesmerising

says Greg Carroll, director (and Melbourne Fringe co-founder).



Tickets are available at the Mt Beauty Hardware and Drapery Store in Hollonds St

## Coffee morning speakers



Fay Mason, pictured here just a few years ago and known by many as a local radio presenter, has been an outstanding Alpine U3A Speaker coordinator. On behalf of our U3A members I want to thank Fay for the very hard work that she has put in and of course her inspirational choices for speakers. Well done Fay. We are looking for a replacement at the AGM so any volunteers would be appreciated.

## And some Quotes to conclude:

*"I've had a perfectly wonderful evening.*

*But I'm afraid this wasn't it."*

**-Groucho Marx**

*"Some cause happiness wherever they go; others, whenever they go."*

**-Oscar Wilde**

*"He is not only dull himself; he is the cause of dullness in others."*

**-Samuel Johnson**