

Committee Members

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September Coffee Morning

The next Coffee morning is on Friday 6th September at 10.00 am for 10.30 am. Our guest speaker is Dr Mark Zagorski OAM and he will talk about assisted dying and advanced planning. Mark will be well known to all of you as the lead medical practitioner at the Mt Beauty Medical Centre. He graduated from the University of Melbourne in 1976 and has undertaken significant postgraduate education both in Australia and the UK. He received the Rural Doctor of the year award in 2008 and just this year he was awarded the OAM in the Australia Day Honours list. Apart from being with his wonderful family some of Mark's most enjoyable occasions is when he is skiing in our terrific mountains



This is a wonderful opportunity to ask Mark questions that you are always wary of when

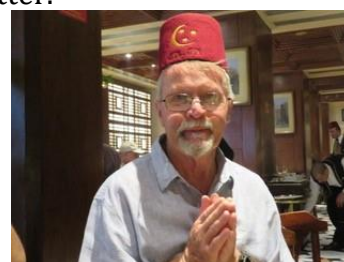
visiting the surgery. Come and enjoy the coffee & biscuits and of course meet the new Committee.

New Committee

We now have a new Committee as can be seen at the top of this Newsletter. It is great to have a new secretary; welcome Judith. Also, we have a new Course coordinator; welcome Sue. Judith and Sue, like Tien and myself, are from Tawonga – Tawongarians!! The speaker organiser position is now vacant with Fay moving to Vice President. Fay has undertaken a fantastic job in organising great speakers. A big thank you to Fay.



Karin has officially moved to the position of Assistant Treasurer, which I am sure is appreciated by Henry. Also, we now have 2 new Committee members; Christel Willems and Sandy Sutherland. It is good for the Alpine U3A to have a good influx of new Committee members. The new Committee was elected at the AGM which was quite brief and this was followed by a most entertaining illustrated talk on "A visit to Cuba" by President Rollo. In addition to entertaining us with his talk, Rollo presented his annual President's Report which is on page 3 of this newsletter.



Rollo in Cairo (I don't have a picture of Rollo in Cuba!)

September movie

This month's film is "Hidden Figures" which is a most appropriate title for a story about mathematicians working for NASA during the 'space race'. The mathematicians in the story are black and the time period is one of extreme racial segregation in the USA. This is an excellent depiction of how people of colour were treated in an abhorrent manner in the USA in the 1960s. Without the contribution of the black female mathematicians it is unlikely that the space vehicle "Friendship 7" carrying astronaut John Glenn would have successfully launched and, in particular, safely landed after fewer orbits than proposed. For an excellent summary of the story on which the movie is based check the Wikipedia site at:

https://en.wikipedia.org/wiki/Hidden_Figures



The film stars Taraji Henson as Katherine Johnson – mathematician; Octavia Spencer as Dorothy Vaughan – NASA supervisor & mathematician and Janelle Monáe as Mary Jackson - engineer. It is a "Must see" movie.

U3A Courses/Activities

Sue Woods has taken on the role of course coordinator. Sue only joined our U3A this year and one of her interests is genealogy so watch this space for a new study group!

In the last Newsletter I asked if anyone would be interested in joining a Contract Bridge Group. I didn't put this well and what I should have said is anyone interested in learning to play Bridge. It is a great card game and the 2 Wendys, Paton & Blake, are interested in teaching new players at a

basic level. Please contact Wendy Paton on 0408403602 or at wytterrica@gmail.com if you are interested. This could be great fun.

Dementia

In the last newsletter I mentioned a special presentation to be given by Dementia Australia at 1.30pm on Monday September 2nd in the Seniors Hall. If you are there early coffee/tea and biscuits will be available. I have known several people including my own Mother coping with Dementia and at the time I knew very little about this condition. Dementia is not a specific disease. It's an overall term that describes a group of symptoms associated with a decline in memory or other thinking skills, severe enough to reduce a person's ability to perform everyday activities. Alzheimer's disease accounts for 60 to 80 percent of cases.

You never know when someone close to you will be diagnosed with a form of dementia and it always a good idea to be prepared in advance. Please join us at the Seniors Hall on Monday 2nd September – next Monday.

Now for some Paraprosdokians

What are they you say? These are statements where the latter part is quite unexpected.

Churchill loved them.

- Where there's a will, I want to be in it.
- The last thing I want to do is hurt you ...but it's still on my list.
- Since light travels faster than sound, some people appear bright until you hear them speak.
- You do not need a parachute to skydive. You only need a parachute to skydive twice
- I used to be indecisive, but now I'm not so sure.
- I'm supposed to respect my elders, but it's getting harder and harder for me to find someone older than me.
- If I agreed with you, we'd both be wrong.

David Wood (Newsletter editor)

PRESIDENT'S REPORT TO U3A AGM 2ND AUGUST 2019

We have had another successful year, thanks to the dedication of course tutors, organisers of activities, the participation of members, and the work of the members of the outgoing Committee. Our continued close association with the Mount Beauty and District Senior Citizens Centre means we have a home for many of our activities and we provide all the membership of that organisation. We contributed substantially to the refurbishment of the Senior Citizens clubrooms this year, about one third of the cost.

Linda Parkinson was Course Co-ordinator this year, doing a sterling job despite having to go away for employment purposes earlier in 2019. The fact that courses have run smoothly in her absence attests to her good job of organising at the start of the year. We are looking for a member to take over from Linda as, reluctantly, she has had to retire from that position. Linda has also put in a lot of work to establish a website for Alpine U3A, and that work is continuing.

David Wood, our Secretary par excellence, is retiring from that position at this AGM, after several years of keeping our committee and members informed and enlivened with his contribution to meetings and his initiative in proposing ideas to benefit Alpine U3A. David has offered to continue producing the Members Newsletter, which is always interesting and informative. Thank you, David. We are fortunate to have Judith Falle nominating for the position of Secretary, to take over from David.

Fay Mason, our Committee Member with the responsibility of organising guest speakers for our monthly Coffee Mornings is retiring from that position. We need a volunteer to take over from Fay, who has done a wonderful job of arranging interesting speakers. Thank you, Fay.

Ken Darling took on the role of Treasurer at the last AGM and provided reports which kept the Committee aware of our financial position

despite Ken's enforced absence from many of the meetings. He kept the accounts in good order and fulfilled all the requirements of Treasurer well. Thanks Ken. During 2019 Karin Ziemnicki persuaded husband Henry to take over from Ken, and Henry provided reports which were presented to the Committee by Karin. Henry has nominated for the position of Treasurer for the coming year. Thanks Karin and Henry.

The U3A has been fortunate to have quite a few long-standing members of the Committee to provide continuity and knowledge. Pat Docking is one such member. Pat's knowledge of the community, her fount of ideas, and her willingness to share both with the Committee means that her retirement from the Committee will be sorely missed. Her work with many community organisations is, I am sure, greatly appreciated, but there is only a finite number of hours in the day, and a limit to the amount of energy one has to put in to community work. Thank you very much Pat.

Our Xmas lunch has, since Ron Fensham retired from doing it, benefited from Tien Meakin's organising ability, and her persuasiveness. Alpine U3A is indebted to Tien for volunteering to take on this task last year and for 2019. Apart from organising the lunch she contributes wisdom to the discussions at Committee meetings. Thanks for your continuing contribution Tien.

Luise Mock not only contributes as a course tutor, and a valued member of our Committee, she finds replacement Committee members from among our membership. Thanks for all your good work for Alpine U3A Luise.

Rollo Kiek, President.

