

## Committee Members

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## Coffee morning Friday June 1<sup>st</sup>

Our next Coffee morning is on Friday June 1<sup>st</sup> i.e. this coming Friday at 10.00am for 1030am in the Seniors Hall. Coffee, tea and biscuits will be available for everyone. Bring a friend as a visitor if you wish but please make sure that you include your name and that of the visitor on the list just inside the hall.

We are very fortunate in having local personality, Rose Sexton, as our guest speaker. With over 35 years of nursing experience, Rose has a great passion for palliative care and supporting those at the end of life. She also holds a deep desire to open up discussions around death, dying and end-of-life issues, believing that this contains enormous possibilities for living more fully and richly. Death literacy is one of her favourite things... Prepare for a thought-provoking, challenging session! Also prepare for a surprise end to the session.



Rose Sexton

Our May coffee morning provided an excellent and informative talk from Nola Skey. For members who had not been to Newfoundland, Canada it yielded a wealth of knowledge about the topography, climate, industries and history with photos of many of the features from that part of the World. Thank you Nola.

## Film Night – 2<sup>nd</sup> Wednesday of each month – Wednesday June 13<sup>th</sup> at 7.00pm – Seniors Hall – Film: “Dunkirk”.



Dunkirk is a 2017 film which portrays the World War 2 evacuation of allied troops from the beaches of Dunkirk in 1940 following the German invasion of France. It is a gripping film showing the evacuation from three perspectives, land, sea and air. It has little dialogue, as Director Christopher Nolan sought instead to create suspense from cinematography and music. I haven't seen this film and am very much looking forward to the U3A screening on June 13<sup>th</sup>.

## Activities

The U3A activities are proceeding apace with much learning and a lot of entertainment with “after-activity” coffee breaks. From my observations we are perhaps unusual within the U3A World with 3 distinct walking groups and many other energetic ‘classes’. The bushwalking group continues to thrive with its Wednesday outings in the mountains. The pole walkers are currently in recess until September when the weather should be a little more clement and I am sure that come the Spring they will be fully back in action. The Thursday walkers appear to have now retreated from the mountains and continue to undertake absolutely splendid local walks with plenty of stimulating conversation – particularly over coffee! Last week this group enjoyed the hospitality of the Tawonga Store and prior to arriving at the store they posed for this delightful

photo making me very envious being currently unable to join them due to back issues.



Active members of the Thursday walkers included, until recently, John Falle. John was also an intellectual inspiration for the Friday Politics class. I am very sorry to report that John passed away very recently and on behalf of all U3A members our condolences go to Judith who is the U3A activities coordinator.

## Upper Kiewa Valley Regional Arts

Our U3A members are very fortunate to be part of the Kiewa Valley community and it is a real pleasure when we can be entertained by visiting 'Arts' groups hosted by the UKVRA. On Friday evening 1<sup>st</sup> June the Evergreen Ensemble from the Melbourne Recital Centre is to perform in the Mount Beauty Community Centre commencing at 7.30pm. They will perform a program called "High Heels and Ghillies" which consists of dance music from 18<sup>th</sup> Century Scotland and France. Beautiful instrumental and vocal works from the French Baroque period, Breton circle dances, Highland airs, and Scottish baroque jigs and reels, with special guest Myriam Arbouz, French soprano.

Dance in 18<sup>th</sup>C Scotland was strongly influenced not only by its own traditional dance repertoire, but by the French court. Dances such as the Sarabande, Corrente and Minuet were coupled with Scottish jigs and reels to form sonatas or suites. In France itself, a huge diversity of dance styles could be found between the balletic fashions of the royal courts of Louis XIV and the popular dances of the country villages. Evergreen

Ensemble, with violins, cello, and the glorious voice of Myriam Arbouz, invite you to follow the intricate steps of these marvellous dance tunes as they wind their way down from the Highlands to Edinburgh and Versailles, Brittany, and the Centre of France.

Join President Rollo and myself and enjoy this unique musical experience on Friday. Tickets are available from the Mount Beauty Newsagency or at the door. Adult \$25, Member \$20, \$10 student, 12 years and under free.

For further information contact Rollo Kiek, 03 57541750

## Our best wishes

As most of you will know Lenka Ter fell earlier in the year and broke her hip. Lenka has been a member of our U3A group for very many years and I am told that with the aid of a walking frame she is moving around her garden. Lenka, your friends in the Alpine U3A and in particular the Politics group, wish you well and a very speedy recovery.

## Postscript

As I prepare this newsletter I am sitting in my study on a cold and bright Sunday afternoon and my gaze through the window fixes on a flash of red on a barren nectarine tree. Elene focuses the camera and there we have a beautiful scarlet robin to entertain us feeding on the insects on the ground amongst the bracken. Please excuse my indulgence in sharing these photos taken by Elene



We are so lucky to have such wonderful creatures with which to share our beautiful Kiewa Valley.

See you all at the Coffee morning on Friday for a chat, a coffee and a biscuit.

David Wood (Newsletter editor) 27<sup>th</sup> May 2018