

From: **Alpine U3A** secretary@alpineu3a.org.au
Subject: Free Public Transport in March & Other News
Date: 6 March 2021 at 2:57 pm
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Free Public Transport in March

The State Government has advised that an **eight-day period of free public transport will happen later this month: 21 – 28 March.**

Victorian Senior and Carer cardholders are being encouraged to get back out there and enjoy Victoria with 8 days of free public transport from 21 to 28 March 2021. This replaces last October's Seniors Week which was cancelled due to Coronavirus (COVID-19). While there are no Festival events taking place in March, cardholders will be able to jump on public transport for free to visit attractions across Melbourne as well as regional and rural locations for a variety of exciting activities and attractions.

Click this link to find out more:

<https://www.seniorsonline.vic.gov.au/free-public-transport-march-2021>

First Film Night for the year

The first film night of the year is **Wednesday 10th March, 6.30 for a 7:00 pm start.**

This screening will be **'Yesterday'**. (*A struggling musician realises he's the only person on Earth who can remember The Beatles, after waking up in an alternate timeline where they never existed*). Information about future films will be circulated to members closer to the dates.

The convenor, *Sandra Eldridge*, has planned the year's program with some slots reserved for special requests. So get your requests to Sandra. If you have not attended a Film Night previously, do come along. They are good social gatherings with supper provided at the interval. See you on Wednesday night.

Sandra is looking for a couple of volunteers to bring along some supper. Please call her on 0407 250 129 if you can help.

First Coffee Morning & Guest Speaker for the year

We had a good attendance of 25 at the Friday 5th March Coffee Morning at which our guest speaker **Richard Callinan** gave a very informative talk and slide presentation

guest speaker **Richard Callinan** gave a very informative talk and slide presentation on **The History of Gliding & WWII Gliders**. Thank you to Richard, and to Christina for introducing him.

The next Coffee Morning & Guest Speaker event will be on **Friday 9th April** from 10:00 am for a talk at 10:30 am. (2nd of April is Good Friday.) The speaker will be from **Wodonga Eyecare** and should provide valuable information on eye health for all of us.



Richard Callinan presenting on 'The History of Gliding & WWII Gliders'.

German classes well under way





Luise Mock (far right) conducted her German class outdoors last week. Seven members, including our photographer *Linda Parkinson*, were present.

Senior Centre QR Code – how to use

How to check-in using Vic Services App

1. Download and open the Service Victoria app from either the App Store (Apple) or Google Play.



2. Scan the QR code and then follow the prompts to check-in with your first name and phone number. Submit your details and when requested Select the **Remember my Details**. That way your own details will be remembered for the next time you attend the venue (or any other venue that uses the Vic Services App) and the next check in is much quicker.



Welcome to Service Victoria

Check in to locations to help with contact tracing. You can also securely store licences and permits.

[Get a Service Victoria Account](#)

[Privacy, Security and Terms of Use](#)

Contact tracing



Quick check in

Quickly and securely check in to locations that have a Service Victoria QR code.



3. For those with no mobile, you can scan with a buddy phone but when requested don't save the details.

Welcome to new member

Suzanne Morehu

Alpine U3A Facebook Page

Join our Alpine U3A Facebook Group to keep up to date with the latest news. [Logon to your Facebook Page](#), [search for Alpine U3A](#) and *join the public group*.

Missing Nordic Walking Poles

Some years ago U3A purchased 12 sets of poles for the Nordic Walking Group which was active at the time. We have a very keen person who wishes to restart this group but can find only a few sets of poles. Please, if you have a set at home, can you please call 0400 056 247 to arrange collection.

Older Adults Research Project

Dear U3A members

We invite all U3A members from across Victoria to participate in a [research project on older adults and their use of Information and Communication Technology \(ICT\)](#). This survey is a collaboration between U3A Network Victoria and RMIT University. The results will have implications for the development of policies, programs, and tools that help older adults engage with ICT in ways that benefit them.

The aim of the survey is to understand the lived experiences, practices, and perceptions of risk around ICT use, and how people use today's ICT to engage in the digital economy. Two main terms are associated with this survey and questions relate to both:

- **Information and Communication Technology (ICT)** is a broad term, which refers to all communication technologies, including the internet, wireless networks, mobile phones and tablets, computers, software, video-chatting and conferencing platforms, social networking and social media, wearables, and other media applications and services enabling you to access, retrieve, store, transmit, manipulate information, and transact in a digital form
- **The digital economy (DEC)** relates to the use of internet-enabled ICT to engage, communicate, and transact with people such as family, friends, colleagues and organisations like online shops, banking services, health professionals and agencies, government support services using internet-connected devices and

agencies, government support services using internet connected devices and digital tools like mobile phones, tablets, computers, apps, and digital platforms and websites.

Click [\[HERE\]](#) to be taken directly to the survey:

If the embedded link does not work for you then copy this link into a browser to access the survey <https://rmit.au1.qualtrics.com/jfe/form/SV_0wiyMlvbiBVvrU1>

We value and appreciate your involvement in the research. You do not have to be an expert or heavy user of ICT to participate. We are looking for people from a wide variety of backgrounds and with a wide range of experiences and abilities.

Your participation is entirely voluntary, and any information you provide will be treated with confidentiality. All data you provide in this survey is de-identified, meaning that any identifying details you provide such as your name and email address are separated from the answers you provide in the survey. This means that your name or any identifying details cannot be matched with the responses you provide.

Every U3A member who fully completes the entire survey will go into a draw for one of twenty \$50 WISH gift vouchers. When you opt to go in the draw for one of the prizes, you need to provide a phone number or email address, so you can be contacted if you win. This information will be kept separate from the survey data so that your details and the survey responses you provide cannot be linked. Please be assured that any details that might identify individual members are de-identified and will not be shared.

Overall, the researchers are looking for at least 1,000 people to complete the survey. This will help develop robust and useful findings and recommendations.

We hope you will participate in the research and we thank you in advance. We sincerely appreciate your time and your insights.

Please contact Anne Grigg via u3akingstoncourses@gmail.com or 0408 638 151 with any problems accessing the survey. Email is preferred.

Paul L'Huillier
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